

## ANTIPHONS FOR THE RESURRECTION

Most Sundays

### First Antiphon (Psalm 102, LXX), Verses in Second Tone:

1. Bless the Lord, O my soul, and all that is within me bless his holy name.
2. Bless the Lord, O my soul, and forget not all his benefits.
3. The Lord has prepared his throne in the heavens; and His kingdom rules over all.

*Refrain: Through the Intercessions...*

### Second Antiphon (Psalm 145, LXX), Verses in Second Tone:

1. Praise the Lord, O my soul. While I live will I praise the Lord; I will sing praises unto my God while I have any being.
2. Happy is he that has the God of Jacob for his help, whose hope is in the Lord his God.
3. The Lord shall reign for ever; even your God, O Zion, unto all generations.

*Refrain:*

△ O Son of God, ris - en from the dead, △ save us who  
sing to You: Al - le - lu - i - a. (3X) 6

### Third Antiphon (Psalm 117, LXX), Verse (Intone in Second Tone):

This is the day the Lord has made. Let us rejoice and be glad in it.

*Chant the Apolytikion of the day. Then the small entrance hymn for the Resurrection:*

△ Come let us bow down and wor - ship Christ. △

*Continue immediately to 2<sup>nd</sup> Antiphon refrain above.*

*Repeat the Apolytikion of the day and other apolytikia, if any..*