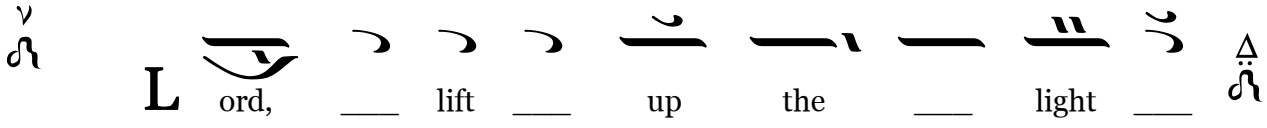


**COMMUNION HYMN OF THE HOLY CROSS
LORD LIFT UP THE LIGHT**

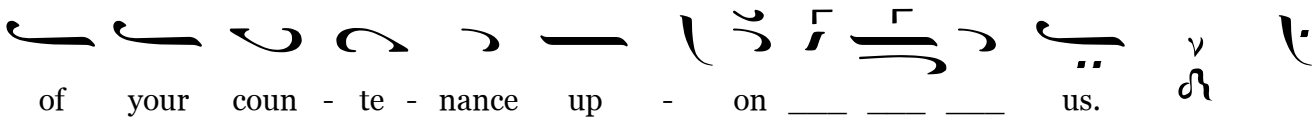
September 14 and 21

Plagal Fourth Tone

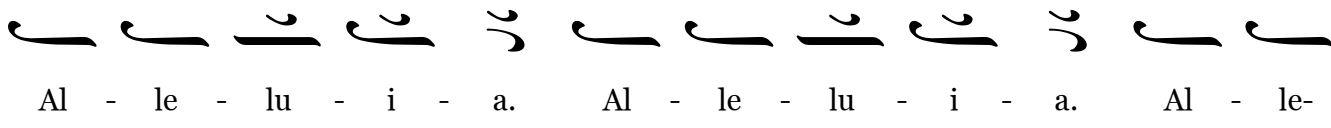
Psalm 4:6, LXX, arr. N. Takis



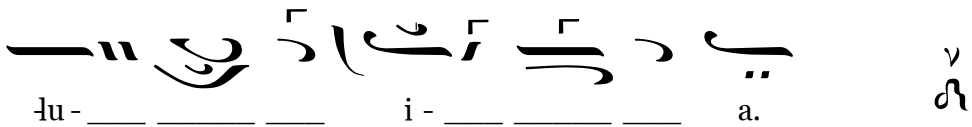
 Lord, lift up the light



 of your coun - te - nance up - on us.



 Al - le - lu - i - a. Al - le - lu - i - a. Al - le -



 lu - i - a.

Antiphonal Verses from Psalm 4

1. Hear me when I call, O God of my righteousness!
2. You have relieved me in my distress; have mercy on me, and hear my prayer.
3. How long, O you sons of men, Will you turn my glory to shame?
4. How long will you love worthlessness and seek falsehood?
5. But know that the Lord has set apart for Himself him who is godly.

Repeat hymn after each intoned verse.